

“The Truth About Female Sexual Fantasies”



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Women have extremely vivid imaginations and sexual fantasies. Read on and you'll see what I mean...

Introduction

For most men, the very thought of their woman ‘fantasizing’ in a sexual way is not something they are comfortable with.

It’s intimidating.

It makes them feel insecure.

However, I believe that if you want to give your woman incredible sex and total sexual satisfaction – you must pay some attention to female sexual fantasies because it’s only when you do this that you gain an understanding of just how sexual women really are.

Compared to women, most men have limited sexual fantasies. Guys usually fantasize about ‘tits and ass’ and that’s about as far as things go.

If you want proof of what I just said, consider the type of porn that men tend to like, compared to the type of porn that women tend to like...

Regular porn (where the guy just ‘bangs’ the girl hard and fast in various positions) usually bores women to death. It does nothing to stimulate their minds.

On the contrary, many women have told me that they like porn when it has a good storyline.

And what does that good storyline do?

Yeah, you got it...

It stimulates their minds.

Remember – for women sex is a physical and mental experience, not just a physical one.

So women like porn where the naughty school girl has to go to the headmaster’s office to be ‘disciplined’.

They like porn where the girl takes her car to the garage and realizes she can’t afford the bill – so she has to pay in ‘another way’.

Women like porn where the actors are dressed in masks and the actresses are dressed in tight latex suits with a zip on the crotch.

I think you get what I'm saying.

Women need mental stimulation to enjoy sex and when you think about it – sexual fantasies are pure mental stimulation for a woman.

Do All Women Fantasize?

A lot of women will say that they don't have any sexual fantasies. Some will say this to avoid being seen as slutty, others because they don't realize that they have fantasies.

But the truth is that virtually all women (especially emotionally healthy, creative and imaginative women) have sexual fantasies.

Now here's the thing...

Some women have very detailed, elaborate and seriously thought through fantasies. In contrast, some women have much less elaborate fantasies. But whatever the case – all women fantasize.

Even if a woman simply spends 10 seconds thinking about screwing the guy in front of her in the que at the supermarket – that's a sexual fantasy (albeit a brief one).

Why Do Women Fantasize?

Women fantasize for sexual pleasure.

It's exciting for a woman to let her imagination run wild and think about new ways to have sex.

Some women fantasize when they are bored at work (or in the que at the supermarket).

Other women fantasize during sex because their man isn't doing enough to 'get her off'. So they have to give themselves a little help.

And other women fantasize during masturbation.

Now the question is...

"Do women actually want to live out these sexual fantasies in real life or are they simply thoughts that are going to remain in her head?"

The answer is that some fantasies are things that women would never do, but many (and perhaps most) sexual fantasies are things that women would actually *love* to do.

One of my favorite books (that I highly recommend you read) is called "My Secret Garden" and it is written by Nancy Friday. By the way – you can get a copy of it on Amazon.com.

In this book, the author compiles a huge collection of real female sexual fantasies. She basically got women to write in and share their fantasies. What's interesting is that most women felt a huge relief at being able to tell somebody about their fantasies.

Here were some of the most interesting things in My Secret Garden:

- Many of the women in the book didn't feel comfortable talking to anyone (their friends or their men) about their fantasies and they felt huge relief at being able to finally share their sexual thoughts

- Many of the women fantasized during sex with their men to help get themselves off
- The women fantasized about many things, including (but not limited to)... masturbation, insatiability, lesbian experiences, anonymity (sex with strangers), sex with an audience, rape, domination, terror, forbidden things (taboos), incest, young boys, fetishes, prostitution, group sex

See what I mean about women being *wildly sexual*?

And believe me – some of the fantasies in that book are totally wild. And I mean totally wild.

At this point I need to bring to your attention the second bullet point on the list you just read. The one that reads like this:

- Many of the women fantasized during sex with their men to help get themselves off

Here's the one thing many of the women in that book didn't get (and I'm not blaming them – it was actually their men making the mistake)...

In my opinion – if a woman is always fantasizing during sex to 'get herself off' ... her man is giving her lousy sex!

Most of the women in My Secret Garden didn't get this. They thought it was just kinda normal to have to help themselves to get to orgasm by fantasizing.

But what the hell does that make their men?

A human dildo!

A lump of useless meat with a penis attached?!

Seriously – here's where I'm at...

During sex I am going to stimulate my woman's body and her mind. Therefore, 99% of the time – if she's having fantasies during sex... I'm the one that's going to be planting them in her mind.

Now think about that for a second.

Most women are having to fantasize to help get themselves off. That's pretty crappy for her because she's obviously not sexually satisfied by her man. And it's pretty crappy for him (the poor bastard) because he doesn't even realize she's doing it.

But guys like you and I – guys who go that extra mile to please our women in bed... we realize that we can use our physical body to stimulate our woman's body during sex and we use our voice (DIRTY TALK) to stimulate our woman's mind. And with dirty talk we can influence our women's fantasies.

In fact – we can become our women's fantasies.

Which is great, *right?*

I mean think about it – would we rather our women were fantasizing about other men (or women) because our sexual performances were lame OR would we rather become our women's sexual fantasy?

Believe me – when you give your woman incredible sex, powerful orgasms and immense sexual satisfaction; that is what happens. She ends up sexually addicted to you and fantasies about you a lot.

Now that's not to say that she won't sometimes have other fantasies – fantasies that include other men (or women) and that's cool... we all have thoughts like that.

But it's much better if during sex you influence your woman's fantasies and that's what you can do with dirty talk.

In fact, if you are driving your women wild with your dirty talk – I can virtually guarantee that she will not be having any elaborate sexual fantasies at the same time... other than the ones relating to what you are saying.

The reason why I say this is simply because it's nigh on impossible for her to do two things at once. She can't be totally tuned in to your every word *and* making up totally unrelated fantasies in her mind at the same time.

Not gona happen.

How To Use Fantasies With Your Woman...

If you want to give your woman the best sex ever – you should be harnessing the power of sexual fantasies in your relationship.

It is my experience that as you give your woman better and better sex – she will open up to you to some degree and share things with you that most women won't talk about.

In other words – she will share some of her sexual fantasies with you. Of course, you can take that information and use it as you please.

But in my experience – the very best way you can use sexual fantasies is like this...

When your woman is highly aroused and close to having an orgasm she will be in the state of FLOW.

The state of flow is a mental state where you are so totally involved in that experience that you switch off from everything else and focus 100% on what you are experiencing.

This is why you will always have the best sex (and best relationships) with intelligent, emotionally healthy women. These kinds of women are comfortable enough to totally let you lead them through wild sexual adventures (providing they trust and respect you) and they will sub-consciously embrace the state of flow.

On the contrary, insecure, emotionally unstable women are always second guessing themselves – always trying to sabotage their own success because they don't really believe they deserve it (success).

In the bedroom – this means that they are always worrying about how their hair looks, checking their make-up and worrying about what their men are thinking and these are the kinds of women who often don't respond well to dirty talk (and *won't* let themselves go and experience the state of flow, or other great experiences like vaginal orgasms).

You can probably see where this is going, right?

When a woman is in the state of flow and she is close to orgasm – her mind becomes highly suggestible. At this point, your dirty talk can have a massive influence on her.

So you have to be careful what you say.

It is my experience that if you suggest things (with your voice) to your woman when she is close to coming and during orgasm – there is a very real possibility she will end up wanting to experience those things in real life.

This makes perfect sense when you think about it...

You have told her things when she is most sexually excited (close to and during orgasm) – so now she links whatever you told her to experiencing immense sexual pleasure. It's now only natural that she'd like to experience those things for 'real'.

In effect, you have helped her to create new sexual fantasies – fantasies that gave her so much pleasure, she now wants to make them a reality.

The thing you have to be careful not to do is give your woman mind-blowing sex, use dirty talk to *get her off* and give her new sexual fantasies – then find out she wants to do those things for 'real'... only to then realize you don't actually want to do those things in real life.

So before you go telling your woman about how you'd love to 'do her' with 10 other guys at the same time – be damn sure that you'd actually be cool doing that in real life!

The worst case scenario is this: you give her so much pleasure and create such a vivid, powerful fantasy for her that she resents you for not then wanting to 'act out' the fantasy in real life.

Sexual fantasies are seriously powerful.

Use them wisely.

In the second report on sexual fantasies, you'll discover the 7 most common sexual fantasies that women have.

You don't want to miss that...